



# Using Your Patient Portal

## Accessing the Patient Portal

You will receive an email to activate your Sound Health Services Patient Portal. **Please activate your patient portal within 72 hours of receiving this email.**

- Access URL: [soundhealthservices.ema.md](https://soundhealthservices.ema.md)
  - Select **Patient Login**
  - Log in with username and password

## Utilizing the Patient Portal

- Patients can view their Visit Notes and any Test Results the provider has posted:
- Records can be found by selecting **Past Appointments** from the side bar. Select the **Blue Hyperlink** with the date and time of the visit. The notes can be downloaded and/or printed.

